

## SOUP OF THE DAY

*Cup / Bowl*

\*\*\*\*\*

### EXPRESS LUNCH BUFFET

seasonal display of salads, fruit, grains, legumes, soups, hot buffet, and daily carvery

#### Soup and Salad Bar

seasonal display of salads, fruit, grains, legumes, and soups

\*\*\*\*\*

### SALADS

**ALL SALADS ARE AVAILABLE AS A VEGETARIAN OR VEGAN ENTRÉE.**

*\*\*\*half salads available*

*add grilled chicken*

*add pesto grilled shrimp*

*add salmon*

#### \*\*\*Caesar Salad

romaine, croutons, marinated white anchovies,  
Parmesan, balsamic reduction

#### \*\*\*Kale Quinoa Caesar Salad

romaine, Brussels sprouts, pistachios, cranberries,  
heirloom tomato, parmesan

#### Poke Bowl

marinated ahi and salmon with macadamias,  
sesame seeds, sushi rice, wakame, avocado, green onion,  
pickled cucumbers and carrots

#### \*\*\*The Athenaeum Cobb Salad

mesclun greens, iceberg lettuce, chicken breast,  
applewood smoked bacon, avocado, tomato,  
boiled egg, and crumbled bleu cheese  
with choice of dressing

#### Pan Roasted Curried Chicken Breast Salad

apples, dried cranberries, green onion, toasted almonds,  
mixed baby greens goat cheese, cucumbers, cilantro,  
crispy curry onions, vadouvan dressing

#### Skirt Steak Salad

roasted peppers, avocado, asparagus, tomatoes, pickled egg,  
frisée, radicchio, gorgonzola vinaigrette

*Salad Dressings: Kalamata Olive Vinaigrette, Bleu Cheese, Italian, Thousand Island, Ranch*

\*\*\*\*\*

### SALAD, SOUP AND/OR SANDWICH COMBINATIONS

*(choose from the indicated Salad and Sandwich selections)*

Half sandwich and half salad

Half sandwich and soup cup

Half salad and soup cup

House made fries

Fresh fruit

Scoop of tuna salad

Mixed green salad

Half avocado

Vegetable of the day



## ENTRÉES

Roasted Vegetable and Cheese Empanadas  
adobo sauce, crema, tomato papaya salad  
with papaya lime vinaigrette

#### Mac n' Cheese

fontina, Gruyère and Parmesan cheeses, gemelli pasta,  
panko Parmesan crust  
with pancetta and pulled chicken

#### Pub Style Fish and Chips

crispy battered fresh cod, tartar sauce  
and house made fries

#### Red Curry Miso Glazed Salmon

coconut herb sauce, stir fried vegetables, jasmine rice

#### Bacon Wrapped Chicken Roulade

basil, tomato, fresh mozzarella, smoked tomato sauce,  
vegetable orzo, pesto  
*- contains nuts -*

#### Red Wine Braised Short Rib

goat cheese polenta, roasted root vegetables,  
balsamic onions, chimichurri

## BEVERAGES

Athenaeum Blend Coffee, Decaffeinated Coffee

Hot Tea

Hot Chocolate

Espresso

Cappuccino

Café Latte

Café Mocha

Athenaeum Strawberry Lemonade

Paradise Tropical Iced Tea or Lemonade

Soft Drinks

Bottled Water

## SANDWICHES

*(\*\*\*half sandwich available )*

#### \*\*\*Olive Oil Poached Fresh Albacore Sandwich

tomato, spinach, artichoke olive tapenade,  
Dijon aioli, fingerling potato salad

#### Smoked Salmon on a Pretzel Bun

ale mustard, horseradish cream, pickled onion and beets,  
mixed green salad

#### \*\*\*Chicken Tacos

grilled marinated chicken, avocado, pickled onion,  
chipotle sauce, pico de gallo, shredded cabbage,  
black beans and rice

#### \*\*\*Pastrami Reuben

shaved pastrami, Gruyère, sauerkraut and Russian dressing  
on rye bread with cole slaw and house made fries

#### Hoisin Balsamic Glazed Pork Belly Sandwich

brioche bun, pickled cucumber, spicy mayonnaise, arugula,  
scallions, sweet potato fries with soy caramel

#### The Kobe Burger

premium American Kobe beef, avocado,  
applewood smoked bacon, Tillamook cheddar,  
caramelized onions and house made fries

Low sodium soup available daily, please ask  
your server for today's selection.

# THE ATHENAEUM

*In Ancient Greece*, the word Athenaeum referred to buildings dedicated to Athena, the goddess of wisdom, and in particular to a temple in Athens where poets, philosophers, and orators gathered to read and discuss their work. Over the centuries the term also has applied to numerous academies and learned societies. Sir Walter Scott and Thomas Moore established the most famous of these, The Athenaeum of London, in 1824. Members included individuals known for their scientific or literary attainments, artists of eminence in all classes of the fine arts, and noblemen and gentlemen distinguished as Liberal patrons of science, literature, or the arts.

As early as 1921, George Ellery Hale, renowned astronomer, Caltech trustee, and director of the Mount Wilson Observatory, envisioned an Athenaeum in Pasadena modeled after the club in London. Hale had already spurred intellectual life in the region by bringing former MIT President Arthur A. Noyes and physicist Robert A. Millikan to Caltech. Together this trio positioned the California Institute of Technology as a world-class center for teaching and research in engineering and science. During the 1920s, cultural life also blossomed around two other centers of scholarship in Southern California—the Mount Wilson Observatory and the Huntington Library and Art Gallery.

The three institutions were legally independent, but a friendly association and spirit of cooperation flourished among their permanent staffs and visiting scholars. Hale believed that the club he envisioned would further stimulate friendship and the exchange of ideas among lovers of science, art, and literature.

In 1929, Mr. and Mrs. Allan C. Balch, who strongly supported Hale's idea, presented the Institute with a gift of stocks to establish the club. Those stocks were converted to \$500,000 in cash just before the stock market crash. Thus, at a time when many institutions were short of money, Caltech was able to house the Athenaeum in a magnificent new building, furnished with antiques, and embellished with lovely Mediterranean-style landscaping and tennis courts. The building was designed by Gordon B. Kaufmann, built by William C. Crowell, and landscaped by Florence Yoch and Lucile Council.

The first formal dinner was held in February 1931, when Albert Einstein arrived for a two-month sojourn at Caltech. Three Nobel Prize winners, Albert Einstein, Robert A. Millikan, and A. A. Michelson, attended that dinner. Portraits of Hale, Noyes, Millikan, the Balches, and Caltech's past presidents hang in various rooms throughout The Athenaeum.



## Lunch at *The Athenaeum*

