

FRESH START

Assorted Juices

orange, grapefruit, apple, cranberry, pineapple, tomato or V8

Fruit Smoothies

*fresh berries and yogurt
acai, banana and fresh berries*

Athenaeum Homemade Granola

*dried banana, oats, coconut, almond, pumpkin seeds, honey, raisins, cranberries
with fresh berries*

Cottage Cheese and Fresh Fruit

Irish Oatmeal

with cinnamon, raisins, and apples

Cereals

*Special K, All Bran, Corn Flakes, Raisin Bran, Rice Krispies,
Frosted Flakes, Frosted Mini Wheats
with seasonal berries*

Breakfast Parfait

freshly made granola, yogurt, fresh berries and honey

ACCOMPANIMENTS

Yogurt

low fat fruit or plain Greek yogurt

Bacon or Sausage

applewood smoked bacon or Mediterranean chicken sausage links

Athenaeum Potatoes or Hash Browns

Two Eggs Any Style One Egg Any Style

Freshly Toasted Bagel

with cream cheese

Freshly Baked Breakfast Breads

croissant, Danish or muffin

Freshly Baked Cranberry Orange Scone

lemon curd, crème fraîche, raspberry jam

Toast

wheat, rye or English muffin

MORNING SPECIALTIES

Caltech Continental Breakfast

*Includes your choice of juice; your choice of coffee, tea or milk; fresh seasonal fruit
and your choice of two of the following:*

homemade granola

Irish oatmeal with cinnamon, apples and raisins

fresh baked pastry with butter and preserves

Belgian Waffle

fresh berries, berry coulis and pure maple syrup

Green Omelet

*spinach, green onion, broccoli, asparagus, cheddar,
tomatillo avocado salsa, served with Athenaeum potatoes or hash browns*

Santa Barbara Smoked Salmon and Bagel

cream cheese, shaved red onion, sliced cucumber, tomato, fresh fruit

Mediterranean Chicken Hash

*olives, sun dried tomato, roasted pepper, potatoes, onions
poached eggs, muhamarra*

Steak and Eggs

*New York steak, grilled tomato, two eggs cooked any style
Athenaeum potatoes*

Two Eggs Any Style

*with choice of hash browns or red skin potatoes, broiled tomato and a choice of
applewood smoked bacon or Mediterranean chicken sausage links*

Build Your Own Omelet

*a three egg omelet with your choice of two ingredients
avocado, bacon, ham, mushroom, peppers, scallions, spinach, sun dried tomato,
cheddar, Gruyere or goat cheese; served with red skin potatoes or hash browns
each additional ingredient*

ALL EGG DISHES ARE AVAILABLE WITH EGG WHITES OR EGG SUBSTITUTE

BEVERAGES

Tea, Coffee or Decaffeinated Coffee

Hot Chocolate Espresso – *single / double*

Café Latte, Cappuccino or Café Mocha – *single / double*

Whole or Nonfat Milk

THE ATHENAEUM

In Ancient Greece, the word Athenaeum referred to buildings dedicated to Athena, the goddess of wisdom, and in particular to a temple in Athens where poets, philosophers, and orators gathered to read and discuss their work. Over the centuries the term also has applied to numerous academies and learned societies. Sir Walter Scott and Thomas Moore established the most famous of these, The Athenaeum of London, in 1824. Members included individuals known for their scientific or literary attainments, artists of eminence in all classes of the fine arts, and noblemen and gentlemen distinguished as Liberal patrons of science, literature, or the arts.

As early as 1921, George Ellery Hale, renowned astronomer, Caltech trustee, and director of the Mount Wilson Observatory, envisioned an Athenaeum in Pasadena modeled after the club in London. Hale had already spurred intellectual life in the region by bringing former MIT President Arthur A. Noyes and physicist Robert A. Millikan to Caltech. Together this trio positioned the California Institute of Technology as a world-class center for teaching and research in engineering and science. During the 1920s, cultural life also blossomed around two other centers of scholarship in Southern California—the Mount Wilson Observatory and the Huntington Library and Art Gallery.

The three institutions were legally independent, but a friendly association and spirit of cooperation flourished among their permanent staffs and visiting scholars. Hale believed that the club he envisioned would further stimulate friendship and the exchange of ideas among lovers of science, art, and literature.

In 1929, Mr. and Mrs. Allan C. Balch, who strongly supported Hale's idea, presented the Institute with a gift of stocks to establish the club. Those stocks were converted to \$500,000 in cash just before the stock market crash. Thus, at a time when many institutions were short of money, Caltech was able to house the Athenaeum in a magnificent new building, furnished with antiques, and embellished with lovely Mediterranean-style landscaping and tennis courts. The building was designed by Gordon B. Kaufmann, built by William C. Crowell, and landscaped by Florence Yoch and Lucile Council.

The first formal dinner was held in February 1931, when Albert Einstein arrived for a two-month sojourn at Caltech. Three Nobel Prize winners, Albert Einstein, Robert A. Millikan, and A. A. Michelson, attended that dinner. Portraits of Hale, Noyes, Millikan, the Balches, and Caltech's past presidents hang in various rooms throughout The Athenaeum.



Breakfast at *The Athenaeum*

